

THE RESCUE



discovering how the Gospel
rescues and redeems us

UNIT 1: THE RESCUE DEFINED

lesson 5: The Results of Sin

What we want students to learn: That sin has a dramatically negative impact on the nature of our existence.

What we want students to do with what they've learned: To express in their own words the effect sin has on humankind and our relationship with God.

Scripture Focus: Romans 5:12, Romans 6:23, Romans 3:23

Supporting Scripture: 1 Corinthians 15:21-22

Overview: This lesson is all about sin. (Don't everybody cheer at once.) More accurately, it is about the results of Adam and Eve's original sin. The idea you're trying to help pass along to your students is the notion that sin didn't simply affect Adam and Eve. From that moment on, all people inherited a sin nature. Rebellion against God became woven into our DNA. Sin is something all people deal with. Romans 3:23 and 5:12 help set this idea up. Then Romans 6:23 helps us understand exactly what sin earns for us. Sin = death. The price that God as the perfect Life-Giver requires for rebellion is a life. While 1 Corinthians 15:21-22 foreshadows Jesus as God's Rescue Plan, you won't fully unpack God's solution for our sin problem until lessons 10 and 13. But in this lesson, the goal is to really let students think about how sin radically impacts our nature as humans, and our relationship with God.

TEACHER PREP VIDEO

Each Rescue lesson comes with a Teacher Prep Video. These are short videos designed to help you grasp the main point of the lesson as you prepare to teach.

To access your The Rescue lesson 5 Teacher Prep Video, login to your Lesson Manager, navigate to lesson 5, and click on the "Background" tab. You'll notice the Teacher Prep Video near the top of the Lesson Manager window.

BIBLE BACKGROUND

The Bible Background is designed to help you provide some context for the Scripture you'll be studying. The Details gives you background info for each book, The Setting informs you what's happening in and around the passage, and The Main Point gives you an overview of how the passage will be used in the lesson.

- **What do we mean by "context"?** In every ym360 Bible study lesson, you'll notice we make a point to encourage you to provide the context for the passages you study. By "context" we mean at the very least, helping students know who wrote the book, when it was written, and why it was written.
- **What's the big deal?** When we teach the Bible without giving context, students don't get a "big picture" understanding of the story of the Bible. But this view is vital to grasping the story of God's plan of redemption for humankind. As you teach, use the Bible Background to help summarize the context.

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THE DETAILS

- **Author:** Paul is the author of Romans.
- **Time frame:** Romans was probably written from Corinth in the winter of 56-57 AD.
- **Purpose:** Since the church in Rome had not received comprehensive theological teaching on salvation and other implications of following Christ, Paul wrote Romans to ensure a good understanding of such things. In addition, since many Jewish Christians were rejecting some of the new Gentile converts, it was essential that a level playing field be given to all Believers. This is what Paul was advocating for in Romans.

THE SETTING

These three primary passages are all written in the context of Paul's letter to the church at Rome. Through his letter, Paul is teaching the important truths that underlay the faith. These texts all point to the truth of the reality of sin. Sin has caused a shattering impact on the human race, as we know it and our relationship with God.

THE MAIN POINT

The main point we want to drive home is that sin dramatically impacts students' relationships with God. Sin essentially broke the peaceful, loving harmony between God and man. This is the heart of Paul's words from Romans. Your task will be to help paint the bleak picture of where we are without God.

LESSON PLAN

The Lesson Plan contains three elements: An introductory activity called The Lead In; the Bible study section called The Main Event; an application-focused segment called The Last Word.

THE LEAD IN

- **Goal:** To help students begin to think about breaking things and the devastating results that follows.
- **Set-Up:** Bring a few items that you can break in front of the students. Some easy examples would be a pencil, an old cassette tape or cd, and a ruler. Use your discretion here. You're just trying to get the students to think about how hard it can be to repair broken things.

FIRST, start this section by asking the students something like:

- **Have you ever broken something that was pretty valuable? How did you handle it? Did you own up to it? Did you try and fix it? Or did you act like nothing happened and hoped no one found out?**



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- o Answers here will obviously vary. Try and get a few students to share some stories about them breaking something. Surely there are some funny stories in your group. Write some examples of things they've broken on the whiteboard.

THEN, share with students a story in your life when you have broken something. Tell them about how you handled the situation and what the outcome was.

NEXT, ask students something like:

- **For those of you that have broken something valuable and then tried to hide it, did you ever end up getting caught? If so, how did that feel?**

o Answers will vary.

THEN, take out the items you brought with you and break (or have a student break) each one. Ask the students something like:

- **Can you go ahead and put this back together real quick?**

NEXT, discuss the challenges in fixing each of the broken items as well as those listed on the whiteboard. Say something like:

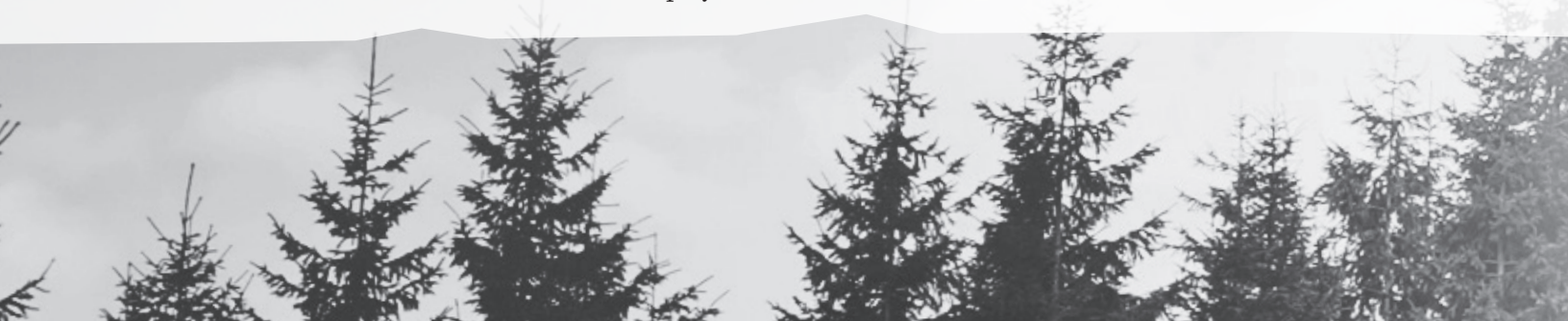
- **What we see is that when things are broken, many times it is impossible to put them back together again. The damage has been done, and unfortunately, many times that damage isn't repairable.**

FINALLY, explain to students that today we will be looking at sin - the true source of brokenness and fracturing in the world. We see the ripple effects of the breaking of sin all around us. Today, we will explore sin and its impact on each and every one of us.

Transition into the Main Event portion of your lesson.

THE MAIN EVENT

- **Goal:** To help your students to learn that sin has a dramatically negative impact on the nature of our existence.
- **Set Up:** Make sure students have a Bible or that they are able to look along with a friend. If you choose, you may want to display the "Rescue Unit 1 Overview" as a way of showing your students what you will be covering over the next few weeks. The PDF is provided if you would like to print a copy or copies. The JPG is intended for electronic display.



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FIRST, you have an optional way to begin your time together. Take a moment to review what you have covered so far and what you will be covering in the upcoming weeks by referencing the “Rescue Unit 1 Overview.” We’ve provided a visual of this entitled the “Rescue Unit 1 Overview” in both PDF and JPG format. (You’ll find it among your Lesson 5 documents.)

BEGIN by explaining to your students that you all are going to dig into a few passages in Romans that will help get your minds around the concept and consequences of sin.

THEN, read or have a student read Romans 3:23. Ask something like:

- **What does it mean to fall short?**
 - Answer: Falling short means to not live up to a standard. In this context, it means that we’ve all failed to live up to God’s standard.
- **What are some ways that we have fallen short of God’s perfect standard?**
 - Answer: There are countless ways that we’ve failed to live up to God’s standard. All of us have lied, lusted, mistreated someone, etc. All of those particular sins reveal the bigger issue of our overarching sin problem, which is the fact that, apart from Christ, we all attempt to be our own “gods” and take matters into our own hands. This “big picture” problem is what leads to all of our particular sins.

NEXT, read or have a student read Romans 5:12 and Romans 6:23. Ask something like:

- **Did Adam and Eve’s sin only impact them? Or was it a bigger deal than that? Explain.**
 - Answer: It impacted way more than just them. Romans 5:12 tells us that through Adam’s sin, death came to all men. He was our representative and his disobedience had a cosmic impact on all of us.
- **We’ve been talking about things getting broken. What exactly did sin “break” and what is the consequence?**
 - Answer: It broke our relationship with God. The consequence is death.
- **Do you think that when Paul uses the term “death” he is talking about more than just physical death? Explain.**
 - Answer: He is definitely talking about physical death, but there’s more to it than just ceasing to exist. Death means separation from God, which is the ultimate consequence of sin.

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- **Why does sin lead to death? Why does it disrupt our relationship with God?**
 - o Answer: When we sin we are trying to make ourselves the center of the universe. We're ignoring God and taking matters into our own hands. The problem there is that God is our authority and He requires our allegiance and worship. So, when we choose to go another direction, we're disrupting the way God intended our relationship with Him to work.
- **Do you think our sin is a personal issue that only impacts us or do you believe our sin is bigger than that? Explain.**
 - o Answer: Our sin never just impacts only us. All of our collective sin and disobedience go into making this world a dark place.
- **It's easy to think about how sins such as theft, murder, physical abuse, etc. impact other people. But what about other sins such as greed, lying, lust, selfishness, etc.? How do those sins impact other people?**
 - o Answer: Lies, deception, greed, lust, selfishness, anger, etc. all naturally impact more than just the person committing the sin. They lead us to take advantage and use people for our own gain. They lead to mistrust, increased selfishness, and broken relationships. They all lead to disharmony within God's creation.

THEN, saying something like:

- **In our sin, we chose our way as opposed to God's way, which left us as His enemies. We were just like soldiers who chose to go and fight for the other side. We took on the other team's battle. We wore the other team's uniform and stood against God and His desires. We are enemies that stand opposed to God. This is the result of sin. This is the relational death that happened not only in our world with others, but also in our most important relationship of all - our relationship with God. Fortunately for us, the story doesn't end here, but this lesson focusing on sin does, but before we move to close the lesson, let's look at a verse pointing to the hope that we are going to study in the coming weeks.**

NEXT, read or have a student read 1 Corinthians 15:21-22.

FINALLY, to wrap up this section, say something like:

- **Just as one man's sin (Adam) led to death for all; one Man's obedience (Jesus) can lead to our life for those who trust in Him. One man's mistake may define the brokenness of the human race, but there is one Man's obedience that can put the brokenness of our lives and our relationships back together again.**

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Ask if there are any questions, then transition into the Last Word.

THE LAST WORD

- **Goal:** To help students express in their own words the effect sin has on the humankind and our relationship with God.
- **Set-Up:** You will need a white board to write student ideas and thoughts.

FIRST, divide the white board into three sections and label the sections the following:

- **Problem**
- **Consequences**
- **Solution**

THEN, explain to the students that we began by sharing stories of things we had broken, how we felt in the midst of the brokenness, and what we tried to do to fix it. As we moved into the lesson, we looked at sin and its effect on all of us. Say something like:

- **We've talked about some pretty heavy stuff today. We're going to take some time to regroup and get our heads around what we've talked about. This is going to help all of us do a better job articulating what we mean when we talk about sin. So, we've divided the board into three sections. Let's walk through each one.**

NEXT, point to the "Problem" section on the board. As you walk through these sections with the students, write their answers down on the board. Ask something like:

- **What is the "big picture" problem that we've talked about during this lesson?**
 - o Answer: Sin (write it on the board under "Problem.")
- **How would you describe sin? What is it? Why is it "the problem"?**
 - o Answer: Sin is anything that fails to live up to God's standard. It's our pursuit of being our own god and everything that follows.

THEN, point to the "Consequences" section on the board. Ask something like:

- **What is the consequence of our sin?**
 - o Answer: Death
- **What is death in the context of how Paul was using it?**
 - o Answer: It is both physical and spiritual death. It's eternal separation from God.

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THEN, point the students to the last section, “Solution.” Ask:

- **What is the only solution to the problem and the consequences we’re facing here?**
 - Answer: Jesus.

NEXT, explain to the students that the progress from problem to solution is what we’re looking to be able to articulate. If we can’t put this into our own words and articulate it, it will be hard for us to share the gospel with people around us. Instruct the students to take a few moments to look at the board and process what they put there. Then, have them work towards a one-sentence summary of what is on the board. Encourage as much participation as possible. Let them know that this is something they need to be able to say in their own words. Write the sentence your group comes up with on the board. Once the sentence is written, encourage them that they just worked together to develop a short summary of the gospel that they can share with their friends.

FINALLY, wrap up this section by saying something like:

- **Another goal of this exercise is to point out that we cannot fix the biggest problem we’re facing. We cannot stop our natural tendency to sin. We cannot fix our broken relationship with other people because of our selfish hearts. We cannot fix our broken relationship with God. We need someone to put our broken lives and relationships caused by our sinful choices back together. We need a Rescuer.**

Make sure there are no closing thoughts and then close in prayer.

- **Don’t forget to remind your students about their devotions this week. If you’re posting them on Instagram, or some other means of electronic distribution, make sure you inform students of when they will be receiving them.**
- **Use the Social Media guide to stay in touch with students via text or Instagram, and to encourage them to follow through with reading their devotions.**

WE WANT TO HEAR FROM YOU . . .

- Do you have questions about a lesson?
- Something that worked particularly well you want to share?
- Something that didn’t work you want to bring up?

We value your feedback! Please do not hesitate to email us with your questions, comments, or concerns, at feedback@youthministry360.com.