



Series Overview | This series will introduce students to men and women in the Bible who lived a life fully surrendered to God and chose to “die to themselves.” Because of their obedience and surrender, they discovered the fullness of the abundant life that God offers! In these incredible examples, there is an invitation to us all: to die to ourselves in order to truly live.

Large Group Teaching Summary | John the Baptist was the forerunner to Jesus in the wilderness. John had his own ministry with his own disciples. Not to mention, he and Jesus were cousins! But when the time came for him to lay down his pride, he did so, and he did masterfully! His words, “*He must increase, but I must decrease,*” set the tone for this series and offer a bold example of surrender we’re called to follow.

Key Takeaway | This life isn’t meant to be all about me.

Scripture Focus | John 3:22-30

January 25th

Walk The Plank | Session 1 Discussion Questions

These questions are designed to facilitate discussion and reflection after each session. These questions will help foster conversations, help students think critically about the teaching, and wrestle with how these Biblical truths impact their lives.

Get Them Talking | An Optional Opening Question to Get Students Talking

1. If you were the “best man” or “maid of honor” at a wedding, what would you be most excited about?

Discussion Questions

1. Read John 3:22-30: What does this teach you about God? What does it teach you about yourself?
2. What’s happening with John and his followers? Why were they upset?
3. Do John the Baptist’s disciples have reason to be frustrated with Jesus?
4. Read John 3:30. What does this response mean to you? How do you feel it might play out in your own life?
5. Why do you think choosing humility is so hard in today’s world? What pressures or influences make us want to be seen or celebrated?
6. John stepped back, and Jesus stepped forward. How can you lay down your selfish desires to be more like John?
7. Read Galatians 2:20. What does this verse teach us about the kind of life God calls us to live?
8. Where is God calling you to decrease so He can increase?



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Large Group Teaching Summary | Abraham and his wife Sarah were childless until God stepped in with a promise: to become parents of many nations. Years later, God blessed them with a son: Isaac. But then came the moment of “dying to self” when Abraham was told to sacrifice Isaac. In this session, we’ll challenge students to consider what they’re holding back that God wants them to lay down.

Key Takeaway | What are you holding back that God’s asking you to lay down?

Scripture Focus | Genesis 12:1-3; Genesis 15:1-5; Genesis 17:1-19; Genesis 22:2-5

February 1

***Walk The Plank* | Session 2 Discussion Questions**

These questions are designed to facilitate discussion and reflection after each session. These questions will help foster conversations, help students think critically about the teaching, and wrestle with how these Biblical truths impact their lives.

Get Them Talking | An Optional Opening Question To Get Students Talking

1. What is one thing or item in your life you could absolutely not live without?

Discussion Questions

1. Read Genesis 17:1-19: What does this teach you about God? What does it teach you about yourself?
2. As you read through or heard Abraham’s story tonight, what was new to you? What stood out to you?
3. Have you ever had to say “no” to something that was good?
4. What does the word sacrifice mean to you?
5. What do you think that night before the sacrifice was like for Abraham?
6. How do you know if something is an idol in your life? What types of idols do students struggle with today?
7. If God is asking you to lay something on the altar, would you be courageous enough to share it in this group setting?
8. Read Genesis 22:13-14. What does it teach us about God’s character? How does knowing that God provides help you trust Him more fully?



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Large Group Teaching Summary | This session explores the story of Ruth, a woman who chose faithfulness even when it was complicated and inconvenient. Ruth stepped into the unknown. Her decision to die to herself and live faithfully to God and others led to a legacy that changed the world. Students will be challenged to think that when they live with eternity in mind, it changes how they make decisions today.

Key Takeaway | Living a life with eternity in mind means choosing to live in faithfulness to God today.

Scripture Focus | Ruth 1:16-23; Ruth 2-4

February 8

***Walk The Plank* | Session 3 Discussion Questions**

These questions are designed to facilitate discussion and reflection after each session. These questions will help foster conversations, help students think critically about the teaching, and wrestle with how these Biblical truths impact their lives.

Get Them Talking | An Optional Opening Question To Get Students Talking

1. What’s something you waited a long time for but was totally worth it?

Discussion Questions

1. Read Ruth 1:16-23. What does this teach you about God? What does it teach you about yourself?
2. What’s the most selfless thing someone has ever done for you? How did it make you feel? Why do you think that it stuck with you?
3. If you were in Ruth’s position, do you think you would have gone with Naomi or stayed in Moab? Why?
4. Do you think Ruth knew the impact of her decision? How does that cause you to think differently about your own daily choices?
5. When you’re faced with tough decisions, what helps you make the right one? Why is that hard?
6. What are your thoughts on eternity? Does it feel real? Overwhelming?
7. What is one thing you can do to live with your life in the light of eternity?
8. Ruth’s story became part of God’s bigger plan of redemption. What kind of story do you want your life to tell?



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Large Group Teaching Summary | In this session, students explore Jesus’ act of selflessness when He went to the Cross. We’ll challenge students to follow Jesus’ example of sacrifice, serving others, and selflessness. Through everyday moments, students will hear the challenge to walk the plank and live like Jesus.

Key Takeaway | What would the world be like if we all followed Jesus' example?

Scripture Focus | Matthew 26:38-39

February 15

***Walk The Plank* | Session 4 Discussion Questions**

These questions are designed to facilitate discussion and reflection after each session. These questions will help foster conversations, help students think critically about the teaching, and wrestle with how these Biblical truths impact their lives.

Get Them Talking | An Optional Opening Question to Get Students Talking

1. What’s something in your life you sometimes take for granted? Why?

Discussion Questions

1. Read Matthew 26:28-39. What does this teach you about God? What does it teach you about yourself?
2. How have you been impacted by someone serving you?
3. How does the image of Jesus praying in Gethsemane, expressing his sorrow and submission, impact your understanding of sacrifice? Can you relate to the feeling of facing something difficult but necessary?
4. When Jesus said, “*Not my will, but Yours be done,*” what does that teach us about His trust? What does it look like for you to trust God that way?
5. In what ways do you find it challenging to “die to yourself” in daily life? Share an example of a time when you put someone else first.
6. Jesus lived a life of sacrifice. What are small, everyday ways we can too?
7. Read Romans 6:4. What does this “*new life*” look like for you? How can you encourage each other in this group to live that way?
8. If someone watched the way you lived for one week, what would they say matters most to you? Are you pleased with that? How can we take what we’ve learned and share Jesus’ love with others?